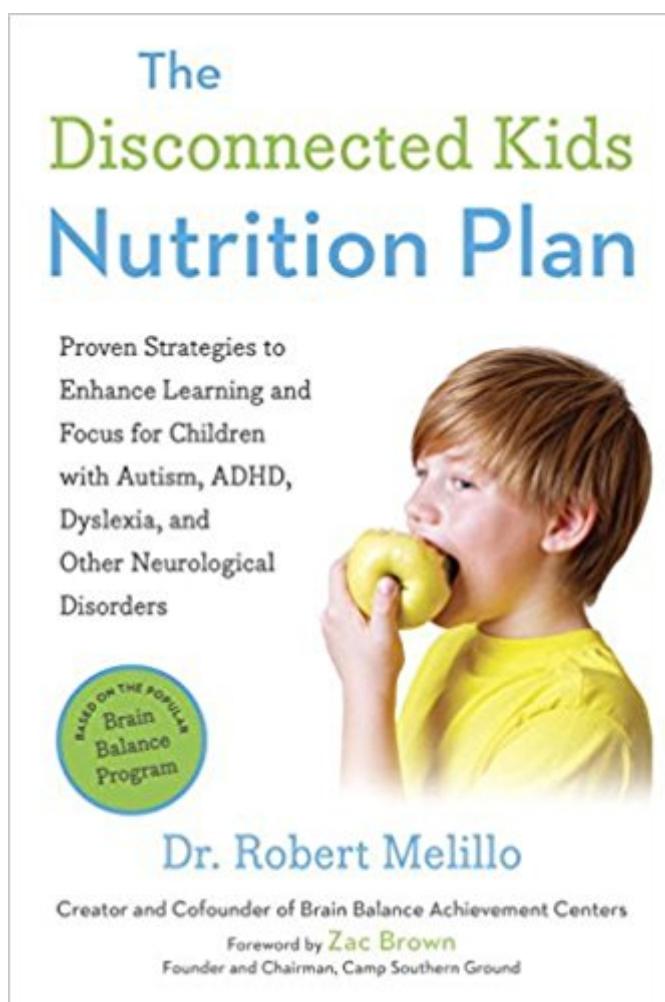


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# The Disconnected Kids Nutrition Plan: Proven Strategies To Enhance Learning And Focus For Children With Autism, ADHD, Dyslexia, And Other Neurological Disorders





## Synopsis

A scientifically developed program for feeding kids with special needs--based on the popular Brain Balance Program Â Dr. Robert Melilloâ™s Brain Balance program has helped thousands of families across the country, offering a drug-free, scientifically based method for addressing a wide range of conditions, including autism spectrum disorders and ADHD. In this new book, he presents the nutritional side of the Brain Balance Program, featuring guidelines, tips, and kid-friendly recipes based on the latest scientific research on how food affects the brain. Â Designed to help busy parents feed picky kids in a beneficial way, the book will show readers how to:

Â Â Â â¢Â Recognize the difference between a fussy eater and a problem eater.Â Â Â â¢Â Ease the sensory issues that make for mealtime mayhem.Â Â Â â¢Â Identify food sensitivities using a simple elimination diet.Â Â Â â¢Â Choose supplements that will help ensure adequate daily amounts of the specific vitamins and minerals important to brain health.Â Â Â â¢Â Prepare delicious, healthy meals that will pass the taste test of even the most finicky eaters.Â Â Â â¢Â Understand how the brain plays a primary role in many dietary and nutritional issue including food sensitivities.

## Book Information

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## Customer Reviews

"Whether ADHD, autism, dyslexia or any number of neurobehavioral disorders affecting children, it is clear that what finally manifests represents the conspiracy of multiple events. As such, pursuing a multifaceted therapeutic approach as has been so deftly presented by Dr. Melillo offers up a welcome and efficacious contrast to the myopia engendered in pharmaceutical mono

therapy."--David Perlmutter, MD, New York Times bestselling author of *Grain Brain: The Surprising Truth About Wheat, Carbs, and Sugar* " Your Brain's Silent Killers" have worked closely with Dr. Robert Melillo and the Brain Balance team for many years. I have seen firsthand the transformations in the lives of the children they serve. Brain Balance not only focuses on correcting their own unique neurological challenges, but emphasizes the whole health of each child " from their individual nutritional needs to their need for special daily activities to embracing and enhancing their family life.--Zac Brown, Grammy Award-winning musician and founder of Camp Southern GroundPraise for the work of Dr. Robert Melillo: "A visionary new approach...These valuable clinical insights add much to our tool kit."--Daniel Goleman, author of *Emotional Intelligence* "Clinically innovative and academically grounded...brings a refreshing, hopeful, and scientifically responsible approach to the field of childhood neurological disorders." --Leslie Philipp Weiser, M.Ph., Ph.D., Harvard Medical School "Dr. Melillo's books are a ray of hope. Jam-packed with scientifically grounded information on brain function and its behavioral correlates, they provide satisfying explanations that parents recognize as relevant to their experience. And because his work is further tied to a simple intervention program, it has the power and potential to revolutionize the field."--Michele Denize Strachan, MD, Behavioral Pediatrician, Developmental-Behavioral Pediatrics Program, University of Minnesota "Dr. Robert Melillo is one of those rare individuals who can unravel the seemingly unsolvable mysteries of neurobehavioral development with wisdom, compassion, and vast perspective. His unique, groundbreaking, and research-based approach to improving brain function introduces the process of unlocking each child's potential."--Pamela D. Gargy, Ph.D., Clinical Psychologist, Professor of Cognitive Behavioral Therapy, Argosy University Dallas "Disconnected Kids presents an optimistic and practical approach to opening windows of exploration, connection, and learning to all children. A highly recommended exploration for parents, educators, and therapists." --Louis Cozolino, author of *Attachment Based Teaching* "Dr. Melillo, one of the world's leading experts in childhood developmental disorders, has organized the best scientifically referenced source of risk factors for autism, which all future parents should know about it. His book is a must read." --Datis Kharrazian, DC, DHSc, MS, MNeuroSci "Dr. Melillo presents a very clear and educational view of how a child's brain grows, from the bottom up. This is without any doubt an amazing theory that will stimulate a great number of research protocols."--Dr. Calixto Machado, MD, PhD, FAAN, President of the Cuban Society of Clinical Neurophysiology "Dr. Robert Melillo has unraveled the mysteries of brain organization and translated what we know into simple, practical therapeutic regimens to allow all of our children to reach their unlimited potential. He has produced a message

of hope for parents of children, with clear, consistent, and significant results." --Prof. Gerry Leisman, Director of The National Institute of Brain & Rehabilitation Science in Nazareth, Israel

Dr. Robert Melillo, the creator of the Brain Balance Program, is an internationally known chiropractic neurologist, professor, researcher, and expert in neuroscience, neurology , neuropsychology , rehabilitation and childhood neurological disorders.

My son and myself included both have ADHD and SPD. I am also an Occupational Therapy Assistant and like having any knowledge I can give back to any parents who might ask. I like the simple and to point lay out of the book and find it easy to follow and understand. I will definitely share with anyone I can.

Still reading. Was hoping for something different than I already knew.

GREAT resource. Great recipes and guidelines. Simple solutions for substitutions and great everyday - delicious - recipes!

purchased for my granddaughter who says it is very helpful and informative

This book arrives quickly package perfect with no damage and was exactly what we needed to help try to help our son with his behavior issues

This book was exactly what I expected and more. I'm going to recommend it to everyone I can.

Purchased this book as a gift for a family friend. We found the book to be very informative and interesting.

Good info however easily found on the net.

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Disconnected Kids: The Groundbreaking Brain Balance Program for Children with Autism, ADHD, Dyslexia, and Other Neurological Disorders  
Dyslexia: For Beginners - Dyslexia Cure and Solutions - Dyslexia Advantage

(Dyslexic Advantage - Dyslexia Treatment - Dyslexia Therapy Book 1) ADHD: A Mental Disorder or A Mental Advantage (2nd Edition) (ADHD Children, ADHD Adults, ADHD Parenting, ADD, Hyperactivity, Cognitive Behavioral Therapy, Mental Disorders) Bodola Loves Chips & Pop: Understanding the mind of parents and children who exist with Autism, ADHD, Downs Syndrome and other (Obsessive Compulsive) Neurological disorders Dyslexia Help Handbook for Parents: Your Guide to Overcoming Dyslexia Including Tools You Can Use for Learning Empowerment (Learning Abled Kids' How-To Books for Enhanced Educational Outcomes 2) Eating for Autism: The 10-Step Nutrition Plan to Help Treat Your Child's Autism, Asperger's, or ADHD ADHD Diet For Children: Recipes and Diet to Help Your Child Focus, Perform Better at School, and Overcome ADHD For Life (ADHD Diet) The ADHD and Autism Nutritional Supplement Handbook: The Cutting-Edge Biomedical Approach to Treating the Underlying Deficiencies and Symptoms of ADHD and Autism Self-Regulation Interventions and Strategies: Keeping the Body, Mind & Emotions on Task in Children with Autism, ADHD or Sensory Disorders Classroom Strategies For Children with ADHD, Autism & Sensory Processing Disorders: Solutions for Behavior, Attention and Emotional Regulation Could It Be You?: Overcoming dyslexia, dyspraxia, ADHD, OCD, Tourette's syndrome, Autism and Asperger's syndrome in adults Gut and Psychology Syndrome: Natural Treatment for Autism, ADD/ADHD, Dyslexia, Dyspraxia, Depression, Schizophrenia ADHD Guide Attention Deficit Disorder: Coping with Mental Disorder such as ADHD in Children and Adults, Promoting Adhd Parenting: Helping with Hyperactivity and Cognitive Behavioral Therapy (CBT) The Insider's Guide to ADHD: Adults with ADHD Reveal the Secret to Parenting Kids with ADHD Neurological Rehabilitation, 6e (Umphreds Neurological Rehabilitation) Neurological Rehabilitation - E-Book (Umphreds Neurological Rehabilitation) Dyslexia in Context: Research, Policy and Practice (Dyslexia Series (Whurr)) CBT Toolbox for Children and Adolescents: Over 220 Worksheets & Exercises for Trauma, ADHD, Autism, Anxiety, Depression & Conduct Disorders Targeting Autism: What We Know, Don't Know, and Can do to Help Young Children with Autism and Related Disorders

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